

Dear Families,

## PGL Kit List

Please see below for a list of equipment and items that you should have your child bring to make the most of their trip to PGL.

We would also advise that you involve your children in the packing of their bags as firstly, this means they know what went in it originally, increasing the chance of it all returning, and secondly, they can carry that bag, as it's them that have to shift it about the site!

### Clothing (5 days)

- T-shirts – preferably with some long sleeved, as several activities require arms to be covered.
- Fleece like tops/Jumpers/Hoodies – it can be a bit chilly in September, so layers are great and easy to tie around waists if the temperature rises.
- Waterproof jacket
- Trousers (not jeans) or leggings/tracksuit bottoms – jeans can get very wet and cold if it's raining.
- Pyjamas
- Underwear and lots of socks, as wet feet can be miserable, so more than five pairs if you can.

### Footwear

- 1 pair of trainers with good grip, as the activities require climbing on occasion.
- A pair of shoes you'd/they'd be happy to get muddy and wet – or even lost.

### Other items

- A sleeping bag
- 2 towels – 1 for showering and 1 old towel for drying off between activities
- A rucksack/bag for trips into Blackpool and Liverpool
- A big, robust bin bag to bag up any wet clothing to pack on the last day
- Washbag – toothbrush; toothpaste; shower gel (no aerosol deodorants please)
- Weather dependent items – e.g. sunny – hats, caps and sunscreen wet/cold – gloves and warm coat
- (Optional) £10 pocket money in coins and kept in a labelled envelope to be held by the group leaders for the trips to Liverpool and Blackpool, and to spend on keepsakes in the PGL shop
- (Ideas for home sickness) Photo of home/family
- (Ideas for home sickness) Reading book
- (Ideas for home sickness) Cuddly toy

Please do not bring anything electrical, no screens, games systems or phones. Nothing that would be heart breaking to lose and nothing valuable.

