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| T:\Riverside Logo.png | **How does the human body work?** Subject Area: Science |  |
| You have already learnt:

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| Vocabulary |
| Key words | healthy  |   | In a good physical and mental condition. |
| nutrients |  | Things that living things need to stay alive and healthy. |
| energy |  | Strength to be able to move and grow. |
| muscles |  | Soft tissues in the body that contract and relax to cause movement. |
| joints | Areas where two or more bones fit together. |
| Sparkle Words | tendons  | Cords that join muscles to bones  |
| vertebrates |  | Animals with backbones |
| invertebrates |  | Animals without backbones |
| endoskeleton |  | A skeleton on the inside of the body |
| exoskeleton |  | A skeleton on the outside of the body that supports and protects it. |

* **What humans and animals need to stay alive.**
* **What plants need to live healthily.**
* **To name parts of humans and animals.**
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Key Learning

• Animals, including humans, need food, water and air to stay alive.

• Living things need food to grow and to be strong and healthy.

• Plants can make their own food, but animals cannot.

• Skeletons do three important jobs:

* protect organs inside the body;
* allow movement;
* support the body and stop it from falling on the floor.

Key Skills

* Ask questions - enquire
* Identify and classify (sort)
* Observe – look closely



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This learning will help me to

* Keep my own body healthy and active.
* Identify parts of the human body.