## Dishes and their allergen content – Riverside Junior School

(Note – Please state the name of the cereal(s) containing gluten\* and/or the name of the nut(s)†)

Dishes					D.	Lupin Flour	Milk		MUSTARD			NAME OF THE PROPERTY OF THE PR		See WE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ham and Pineapple Panini Pizza		1					✓							
Veggie Nuggets		1												
Sliced Potatoes														
Fruity Flapjack		1					✓							
Beef Chilli Con Carne	✓													
Tortilla Chips														
Veggie Keema Curry													1	
Tortilla Wrap		1												
Rice														
Lemon Sponge		1		<b>√</b>			✓							

Dishes					D.	Lupin Flour	Milk		MUSTARD			HSAM OF THE PROPERTY OF THE PR		WNE Boer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard							✓							
Pork Gyros		<b>✓</b>							<b>✓</b>				<b>\</b>	
Yoghurt Sauce				✓			✓							
Coleslaw				✓			✓		<ul><li></li></ul>					
Macaroni Cheese		<b>✓</b>					✓							
Potato Nuggets														
Wholemeal Biscuit		<b>✓</b>					✓							
Chicken Tikka Pasta		<b>✓</b>					✓							
Naan Bread		1												
Jacket Potato														
Jelly														

Dishes					D.	Jupin Flour	Milk		MUSTARD			Head		WNE Goer WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ice Cream							✓							
Battered Fish		<b>✓</b>			✓									
Southern Quorn Burger		1		✓			✓							
Chocolate and Raspberry Brownie		1		✓			✓							
Hotdog in a Bread Roll		<b>✓</b>												
Pesto Pasta		1					✓							
Garlic Slice		1												
Criss Cross Fries		1												
Toffee Sponge		1		✓			✓							
Bacon Croissant		1		✓			✓							
Quorn Dippers		1												

Dishes					D.	Jupin Flour	Milk		MUSTARD			THAM!		Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Baked Beans														
Mini Doughnuts		1		✓			✓						<b>✓</b>	
Chocolate Sauce							✓						✓	
Sweet Chilli Chicken														
Savoury Rice														
Cheese and Tomato Pizza		1					✓						1	
Rice Pudding and Fruit Compote							✓							
Sausage Roll		1		✓			✓							
Veggie Burger		1		✓			✓							
Spaghetti Hoops		1												
Summer Berry Traybake		1		✓			✓							

Dishes					D.	.upin Flour	Milk		MUSTARD			TEAL TO THE PART OF THE PART O		WNE Goer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Breaded Fish		1			<b>✓</b>									
Veggie Meatball Melt		1					<b>√</b>						1	
Carrot Cake		1		✓			1							
Ham and Cheese Panini		1					1							
Quorn Cottage Pie	✓						1						1	
Twister Fries		1												
Summer Fruit Crumble		1					1							
Sausages		1												
Yorkshire Pudding		1		✓			<b>√</b>							
Cheese Lattice		1					<b>√</b>		<b>✓</b>				<b>✓</b>	
Roast Potatoes														

Dishes						Jupin Flour	Milk		MUSTARD			NEMM NO.		Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Shortcrust Biscuit		<b>✓</b>					<b>√</b>							
Chicken Tikka Samosa		<b>✓</b>		✓			<b>√</b>		<b>✓</b>				<b>✓</b>	
Red Pesto Pasta							<b>√</b>							
Cous Cous		1												
Onion Rings		<b>✓</b>												
Chocolate Fudge Cake		<b>✓</b>		✓			1							
Cream							1							
Beef enchiladas		<b>✓</b>					1							
Veg Samosa		<b>✓</b>												<b>✓</b>
Mini Corn on the cob														
Marble Sponge		<b>✓</b>		✓			<b>✓</b>							

Dishes						upin Flour	Milk		MUSTARD			SSAM		WAS GOOD
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fish Fingers					<b>✓</b>									
Fishless Fingers		<b>✓</b>												
Fruit Muffins		<b>✓</b>		✓			<b>✓</b>							

