



WEEKLY MEAL PLANNER: Weeks 2 & 5

- All meal choices are **homemade**, from scratch by our chefs using high quality raw ingredients that are unprocessed and where applicable, seasonal.
- All meat products are Red Tractor accredited
- All fish products are M.S.C accredited

	Main Course	Vegetarian Option	Served With	Dessert
MONDAY	Beef Burger in a Homemade Bun	Spinach and Potato Flan	Potato/Sweet Potato Wedges Mixed Vegetables	Chocolate and Pear Sponge with vanilla sauce Fresh Fruit Salad Yoghurt
TUESDAY	Barbecue Chicken Wrap and Red Slaw	Quorn Chicken Sweet and Sour	Noodles Baby roast Potatoes Sweetcorn	Cherry Shortbread Biscuit Fresh Fruit Salad Yoghurt
WEDNESDAY	Tuna Pasta Bake Homemade bread	Quorn Keema Curry with Rice and Wholemeal pitta	Diced Carrot and swede Salad and Coleslaw	Jelly with Fruit and Ice Cream Fresh Fruit Salad Yoghurt
THURSDAY	Oven Baked Sausage with Gravy	Macaroni Cheese with Homemade Garlic Bread	Fresh Mashed Potato Broccoli and Cauliflower Salad and Coleslaw	Lemon and Blueberry Sponge Finger Fresh Fruit Salad Yoghurt
FRIDAY	Battered Fish	Cheese & Tomato Pizza	Chipped Potatoes Peas & Sweetcorn	Fruity Flapjack Fresh Fruit Salad Yoghurt