



WEEKLY MEAL PLANNER: WEEK 1

- All meal choices are **homemade** , from scratch by our chefs using high quality raw ingredients that are unprocessed and where applicable, seasonal .All Milk products are made with organic milk
- All meat products are Red Tractor accredited
- All fish products are M.S.C accredited

	Main Course	Vegetarian Option	Served With	Desert
MONDAY	Spaghetti Bolognese with homemade bread	Cheese and onion pie	Minted new potatoes Green beans Salad/Coleslaw	Fruity Flapjack Fresh Fruit Salad Yoghurt
TUESDAY	Burger in homemade Bun	Sweet and sour Quorn Chicken with Noodles	Homemade Wedges Baked Beans	Fairtrade Chocolate and Pear Sponge with Fresh Milk Chocolate Sauce Fresh Fruit Salad Yoghurt
WEDNESDAY	Oven Baked Sausages	Macaroni Cheese with homemade Bread	Fresh Cabbage/Mash Salad/Coleslaw	Banana Cake Fresh Fruit Salad Yoghurt
THURSDAY	Chicken Tikka Curry with Homemade Naan Bread	Vegetable Pizza	Herby Dice Potatoes Country Mixed Veg	Fruit Crumble and Fresh Milk Custard Fresh Fruit Salad Yoghurt
FRIDAY	MSC Battered Fish	Quorn Keema Curry	Chips Peas/Sweetcorn	Carrot Cake Fresh Fruit Salad Yoghurt