

Riverside Junior School

Nurture : Inspire : Challenge to develop **Creativity : Love of Learning : Excellence**

Overview of Approach

Aspire: We are required to provide a high quality PE curriculum that inspires all our pupils to succeed and excel in competitive sport and other physically demanding activities. We will provide opportunities for our pupils to become physically confident in a way which supports their health and fitness. They will have opportunities to compete in sports that build their character and help to embed values such as fairness and respect. Will give them the opportunity to try a wide range of sports and physical activities in order to give as many as possible the opportunity to find activities they love and will, therefore, continue to pursue after they leave Riverside.

The new PE curriculum will continue the previous practice of teaching each of the 6 PE topics for half a term, with the whole school following the same topic each half term.

Specialist PE coaches will continue to be used selectively in order to develop the skills of staff.

There will be:

- [An increased focus upon competitive games, both intra and inter-school.
- [Improved swimming proficiency – all pupils by Y6 to be able to swim 25m
- [More outdoor adventurous activities e.g. Team 'wide' games
- [More comparison of performance (stopwatches/video) to achieve personal bests
- [Improved assessment – using Q & A core tasks or similar

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How we will ensure that the approach taken to *subject*:

- [Reflects and reinforces Riverside's vision and values
- [Supports the goal of ensuring outstanding learning for all
- [Appropriately optimises opportunities to develop numeracy and literacy

Nurture: sense of fairness, trust and respect for others

Creativity: enjoy performing (Dance/gym)

Love of learning which will inspire lifelong love of sport and physical activity

Challenge: engage in competitive and cooperative physical activities. Develop resilience and tenacity

Excellence: always strive to do their best. Ability to analyse and recognise own success and how to improve. To analyse and to develop an understanding of how to succeed.

SCHEME OF WORK SUBJECT OVERVIEW

Year	Autumn	Spring	Summer
ALL YEAR GROUPS	Games: invasion Eg. Netball, football, basketball & rugby	Gymnastics Games: net/wall Eg. Tennis, volleyball & badminton	Games: striking & fielding Eg. Rounders & cricket Athletics Norwich Union Shine Awards Hip Hop challenge Orienteering

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Scheme/Block of Work (medium term plan) template

Title of scheme (eg, Creative Writing / Persuasive writing / a literary text)		
Year/class: year group/ designation	Dates (from.....to.....)	Number of lessons:
Objectives to be addressed in whole scheme NC English or cross curricular PSHE etc/ <i>Framework/</i> Exam syllabus		
Learning outcomes from the scheme/block <i>Work which pupils will produce. This is likely to be all the work that you will assess, so include oral work as well as written. Should identify, in broad terms, how work will be differentiated according to ability.</i> <i>All Lesson plans are covered by Val Sabin. Schemes of work for Y3, 4, 5 & 6 'Games' 'Gymnastics' 'Dance' Athletics is covered by 'Shine Awards' & 'Hip Hop Challenge' Orienteering: New scheme of work June 2014 6 x lessons per year group</i>		

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Lesson no.	1. Key Nat.Curr./ Framework /exam syllabus references; 2. Learning Outcomes	Specific learning objectives (LOb) (use dynamic verb; link to NC English or cross curricular PSHE etc/ Framework/ Exam syllabus)	Brief outline of lesson content & teaching / learning activities	Resources; uses of ICT, if available	Assessment: how will you know whether pupils have met the LObs? (e.g., observation & recording; marking written or oral work...)
	1. Refs: 2. Outcomes:	Maths link: Measure to nearest cm (decimals) Record to 2 decimal places using stopwatch		- Video recording of skills to playback and analyse - CD on 1wb showing and explaining rules, and spacing for High 5/netball Photos e.g. Balances in gym showing extension, poise and tension of muscles Stopwatches to record times	Observations and recording
